
Self- Prescribing: An Editorial

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Received: 26 April 2019

Published: 13 May 2019

Keywords: *Self-Prescribing; Health; Psychiatric Drugs*

Abstract

Self-prescribing by the internet and dark web is a growing health problem.

Doctors and patients do not communicate well about this subject.

Introduction

Self -prescribing by doctors or to their relatives is legal in many countries and is a commonplace. The perils are well known [1]. However, non-medical prescription use by the crypto market is becoming an increasing global health problem [2].

Psychiatric drugs with potent sedative, stimulant or euphoric effects are sold on these markets, where the magnitude of these sales is not known [3]. Party drugs as ketamine are going world wide as the last saving for major depressive disorder [4]. Customs find more synthetic drugs send by post than ever [5].

In addition, euthanasia drugs are promoted by the internet as the holy grail powder drug “X”, (sodium nitrate) by laity activists cooperatives, fueled by ignorant media, leading to cruel deaths by methemoglobinemia, cyanosis. convulsions, arrhythmias. coma and asystole [6].

Liver transplantations due to acute liver failure after using food supplements are no longer exceptionally and the term “Herb Induced Liver Injury” (HILI) has been born [7].

Conclusion

How has this become so far?

It is obvious there is quite a gap between regular medicine and the self-prescribed internet medicine. Probably doctors and patients do not communicate well about these subjects for unknown reasons to be investigated. Anyway, it would be wise when supplements are regulated by the FDA and EMA like medicines. Lack of cybersecurity on illicit drug transports increases the problem only more.

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